



Local Wellness Triennial Assessment

As part to the Triennial Assessment, the United States Department of Agriculture (USDA) requires for the District Wellness Committee to assess how the district's Wellness Policy compares to model wellness policies. The model utilized by our District was Rudd Center's WellSAT 3.0 -



SECTION 1: STRONG POLICIES AND ALIGNED PRACTICES

Santa Maria ISD participates in the National School Lunch Program and School Breakfast Programs thereby meeting all requirements set forth in section 204 of the Healthy, Hunger-Free Kids Act of 2010. Through our participation, SMISD promotes students' health, well-being and ability to learn. All students are eligible to receive a meal at no charge. Well balanced meals are provided to students to ensure healthy bodies and minds of all our students.



SECTION 2: CREATE PRACTICE IMPLEMENTATION PLAN

The Santa Maria ISD Wellness Committee will work collaboratively to develop a plan of implementation wherein all students receive sequential and comprehensive nutrition information so as to encourage healthy eating and physical activity behaviors amongst students and staff.



SECTION 3: OPPORTUNITIES FOR GROWTH

Santa Maria ISD's Local School Wellness Policy compares to most policies as measured by the WellSAT 3.0. However, greater effort should be made to include stakeholders of varying perspectives and experiences. Celebrations and increased knowledge of smart snack compliance will also be discussed in forthcoming meetings to ensure SMISD remains fully compliant with regulations as set forth by USDA.